

**ROWAN UNIVERSITY - DEPARTMENT OF HEALTH AND EXERCISE SCIENCE
(0854) B.S. in Public Health and Wellness– 120 credits**

NAME: _____ ID#: _____ Date: _____

ADVISOR: Kelly Young **PROGRAM COORDINATOR:** Dr. Shari Willis williss@rowan.edu and Dr. Leslie Spencer spencer@rowan.edu
Overall **2.0** GPA

Freshman Year							
Semester 1				Semester 2			
Course	S.H.	Grade	Sem/Year	Course	S.H.	Grade	Sem/Year
COMP 01111 College Composition I	3			COMP 01112 College Composition II	3		
BIOL 01113 Biology: Human Focus <i>(Scientific Literacy)</i>	4			HLT 00170 Stress Management (M)	3		
PSY 01107 Essentials of Psychology <i>(Humanistic Literacy)</i>	3			HLT 00245 US Health Care Systems (M)	3		
HLT 00262 Drugs, Alcohol and Tobacco RS (M)	3			PSY 05310 Psychology of Human Sexuality (M)	3		
HLT 00200 Intro Public Health and Wellness (M) 20 PD hours	3			<i>Artistic Literacy</i>	3		
Semester Total	16			Semester Total	15		
Sophomore Year							
Semester 1				Semester 2			
Course	S.H.	Grade	Sem/Year	Course	S.H.	Grade	Sem/Year
BIOL 10210 Anatomy & Physiology I (M)	4			BIOL10212 Anatomy & Physiology 2 (M)	4		
ANTH 02215 Medical Anthropology (M) <i>(Global Literacy)</i>	3			HLT 00301 Health & Diverse Populations (M) 20 PD hours	3		
NUT 00200 Basic Nutrition (M)	3			NUT 00420 Contemporary Issues Nutrition (M)	3		
HES 00116 Safety/First Aid/Athletic Injuries Prevention (M)	3			(LIT) Literature Attribute	3		
CMS 04205 Public Speaking	3			Free elective	3		
Semester Total	16			Semester Total	16		
Junior Year							
Semester 1				Semester 2			
Course	S.H.	Grade	Sem/Year	Course	S.H.	Grade	Sem/Year
HES 00349 Exercise Physiology for the HCP (M)	4			HES 00301 Research Methods in HES (M)	3		
HLT 00345 US Health Care Policy, Ethics & Advocacy (M)	3			HPW 00340 Program Planning & Leadership (M) 20 PD hours	3		
Statistics 1 STAT 02260	3			HLT 00415 Public Health Methods & Interventions (M)	3		
HPW 00350 Health Behavior Theory & Prac (M) 20 PD hours	3			HLT 00302 Global Health (M)	3		
Free Elective	3			HES 00348 Human Disease & Epidemiology (M)	3		
Semester Total	16			Semester Total	15		

Senior Year

Semester 1				Semester 2			
Course	S.H.	Grade	Sem/Year	Course	S.H.	Grade	Sem/Year
HLT 00300 Implementation & Assessment in Public Health (M)	3			HES 00483 Senior Internship in HES (M)	9		
HLT 00304 Grant Writing - WI (M)	3			HLT 00410 Senior Seminar in Public Health and Wellness (M)	3		
HLT 00303 Environmental Issues & Health (M)	3						
HPW 00351 Wellness Coaching Seminar (M)	1						
HES 00347 Wellness Program for Children (M)	1						
Free Elective	3						
Semester Total	14			Semester Total	12		

** Please see contract for grade requirements for (M) major courses

Rowan Online Immersion: Semester _____ Grade _____ Rowan 101: Semester _____ Grade _____ Foundations of Mathematical Reasoning: Semester _____ Grade _____ Foundations of College Writing: Semester _____ Grade _____ Improving Personal Reading Skills: Semester _____ Grade _____